





Check up is good - testing even better!

Increasing risk of caries

Findings



Explanation



Healthy mouth biotope

Therapy

Toothpaste containing fluoride interstitial hygiene Regular preventive care

< 10³



Good nutritional situation with a reduced sugar diet

Regular control of the nutritional situation as well as the flow of saliva in aging patients



Increasing risk to the healthy oral biotope by proliferation of acid-forming cariogenic germs (SM) and the lactobacilli.

High lactobacilli numbers indicate increased sugar consumption. The resulting increase in acid-producing microorganisms significantly changes the risk of caries of creating a dysbiotic situation in the mouth.



Hygiene optimization, interstitial hygiene, concept for fluoridation, fissure sealing, nutritrional care, sugar subtitution (products containing xylitol), use of CHX-containing preparations (gel, varnishes) if necessary also with professional cleaning, Intensification of the professional care and support

In adult patients:

Hygiene optimization, concept for fluoridation, use of CHX-containing preparations (also for professional cleaning), intensification of professional care, nutritional care, sugar subtitution (products containing xylitol), control of the periodontal situation, control of the secretion rate. check buffer capacity











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sting even better!			
Findings Buffer capacity	Explanation	Therapy	
7,5	> 6,0 Very good buffer-capacity	No further therapy necessary	
7,0 6,5 6,0	>5,0 Good buffer-capacity	No specific therapy is necessary, however control of chewing activity, check of drinking behavior, review of secretion rate in the corresponding prophylaxis sessions	
5,5 5,0 4,5	< 5,0 poor buffer-capacity < 4,0 extremely poor buffer-capacity Food and plaque acids endanger dental necks and roots	Control of secretion rate, promote chewing activity (sugar-free chewing gum), chewing gum containing sodium bicarbonate, fluoridation concept for gels/varnishes, varnishes containing CHX, intensification of prevention sessions	
Secretion rate			
>1ml/min	Very good secretion rate	No special therapy nesessary	
= 1ml/min	Adequate secretion rate	No special therapy nesessary	
<0,5 ml/min	Bad secretion rate, insufficient clearance, increased plaque formation, gum problem, foetor ex ore, high risk of caries, general medical history necessary (medication)	CHX varnishes/gels, application appliances for gels containing fluoride, promote chewing activity (nutrition, chewing gum), saliva substitution (Saliva Natura, Aldiamed etc), intensify prevention sessions (depending on the overall findings, 4 times/annually	
Saliva pH			
> pH7	Good saliva pH	No special therapy nesessary	
< pH7	Unfavorable saliva pH, risk for exposed root surfaces, general caries risk	Measures to protect the dental necks, CHX varnishes/gels, fluoridation concept for varnishes/gels, intensified preventive care	