

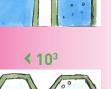




Check up is good - testing even better!







### Explanation

Healthy mouth biotope

# Therapy

Toothpaste containing fluoride interstitial hygiene Regular preventive care

Good nutritional situation with a reduced sugar diet

Regular control of the nutritional situation as well as the flow of saliva in aging patients

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Increasing risk to the healthy oral biotope by proliferation of acid-forming cariogenic germs (SM) and the lactobacilli.

High lactobacilli numbers indicate increased sugar consumption. The resulting increase in acid-producing microorganisms significantly changes the risk of caries of creating a dysbiotic situation in the mouth.

#### For children and adolescents:

Hygiene optimization, interstitial hygiene, concept for fluoridation, fissure sealing, nutritrional care, sugar subtitution (products containing xylitol), use of CHX-containing preparations (gel, varnishes) if necessary also with professional cleaning, Intensification of the professional care and support

#### In adult patients:

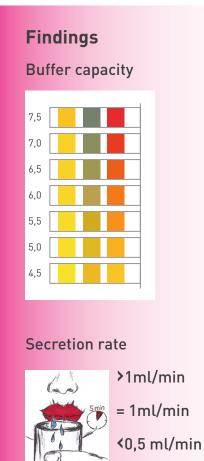
Hygiene optimization, concept for fluoridation, use of CHX-containing preparations (also for professional cleaning), intensification of professional care, nutritional care, sugar subtitution (products containing xylitol), control of the periodontal situation, control of the secretion rate, check buffer capacity







Check up is good - testing even better!



## Explanation

> 6,0 Very good buffer-capacity

> 5,0 Good buffer-capacity

< 5,0 poor buffer-capacity

Very good secretion rate

Adequate secretion rate

sary (medication)

Therapy

No further therapy necessary

No specific therapy is necessary, however control of chewing activity, check of drinking behavior, review of secretion rate in the corresponding prophylaxis sessions

Control of secretion rate, promote chewing activity (sugar-free chewing gum), chewing gum containing sodium bicarbonate, fluoridation concept for gels/varnishes, varnishes containing CHX, intensification of prevention sessions

4,0 extremely poor buffer-capacity Food and plaque acids endanger dental necks and roots

No special therapy nesessary

No special therapy nesessary

CHX varnishes/gels, application appliances for gels containing fluoride, promote chewing activity (nutrition, chewing gum), saliva substitution (Saliva Natura, Aldiamed etc), intensify prevention sessions (depending on the overall findings, 4 times/ annually

### Saliva pH

> pH7	Good saliva pH	No special therapy nesessary
< pH7	Unfavorable saliva pH, risk for exposed root sur- faces, general caries risk	Measures to protect the dental necks, CHX varnishes/gels, fluo- ridation concept for varnishes/gels, intensified preventive care

Bad secretion rate, insufficient clearance, increa-

sed plaque formation, gum problem, foetor ex ore,

high risk of caries, general medical history neces-